

**PRESIDENT AND CEO
REPORT TO THE BOARD AND COMMUNITY
NOVEMBER 2020**

DELIVER EXCELLENT CARE EXPERIENCES AND OUTCOMES

REDUCING OPIOID PRESCRIPTIONS TO PREVENT PATIENT ADDICTION AT CHILDREN'S HOSPITAL

A press release was sent Thursday, October 15 regarding the "Cut the Count Campaign" undertaken by Children's Hospital at London Health Sciences Centre (LHSC). The campaign was aimed at reducing the number of opioids prescribed to patients following surgery. Between April 2019 and March 2020, the goal was to reduce the number of opioid prescriptions given at discharge for outpatient surgeries by 30%. By the end of the campaign, Children's Hospital surpassed the target at 77.4%. The 'Cut the Count' campaign is a province-wide initiative supported by the Ontario Surgical Quality Improvement Network and National Surgical Quality Improvement Program (NSQIP). The goal is to help patients manage their pain post-surgery, while cutting the number of opioid pills prescribed upon discharge. The campaign was also implemented in the adult outpatient surgical program resulting in almost 60,000 fewer opioid pills and 1,340 fewer morphine doses prescribed to surgical outpatients at LHSC within one year. Funding for this project was provided by the Division of Paediatric Surgery at Western University's Schulich School of Medicine & Dentistry, and Children's Health Foundation.

WORKING TOGETHER TO SERVE OTHERS

WESTERN ONTARIO HEALTH TEAM (WOHT) UPDATE

Western Ontario Health Team (WOHT) Update was announced for approval at the end of July 2020. WOHT's focus in October is progressing towards implementation. Work groups have been established under the interim coordinating council including Governance, Operations, Year 1 Population and Digital Health. The Governance working group has proposed the governance structure and decision-making processes for the OHT with coordinating council approval is anticipated in November. WOHT has established a Patient and Caregiver Council who have representatives joining the coordinating council and the work groups to advise on the planning and implementation. The recruitment process for the OHT Lead role commenced in October with anticipation of selection in November. The Year 1 Working Group will use a co-design process to create a care pathway aimed to improve Patient Reported Experience Measures (PREMs) and Patient Reported Outcome Measures (PROMs) for the WOHT Year 1 populations of Chronic Obstructive Pulmonary Disease (COPD) and Congestive Heart Failure (CHF) patients.

NON-INVASIVE VENTILATION/COUGH ASSIST LOANER PROGRAM

London Health Sciences Centre (LHSC), in collaboration with, the South West Local Health Integrated Network, Western Proresp, and St. Thomas Elgin General Hospital have successfully expanded the loaner program for noninvasive ventilation (NIV) and cough assist devices by adding devices to the loaner pool. Expansion of this program has enabled intra facility transfer of these patients to home hospital to complete rehabilitation. Prior to this program expansion, patients were supported in their transfer to home but not in their transfer to home hospital. With this expanded loaner program, LHSC

patients can complete their rehab and recovery closer to home, friends and family. With a 'loaned' NIV device, there is a potential to decrease length of stay by as much as six weeks.

CARDIAC ARRHYTHMIA PROGRAM MENTORSHIP OF ST. MARY'S HOSPITAL ABLATION PROGRAM

London Health Sciences Centre is currently collaborating with St. Mary's Hospital in Kitchener as a mentor for the opening of their new electrophysiology (EP) lab. The grand opening for this new lab is planned for January 2021 and will help serve patients in the Kitchener/Waterloo area who require ablation procedures. London Health Sciences Centre has worked with St. Mary's Hospital leadership and staff to provide on-site training at University Hospital. LHSC is pleased to be able to support the successful implementation of the new program at St. Mary's hospital in Kitchener to ensure patients can receive timely care as close to home as possible.

LEADS CANADA

The LEADS Collaborative is a partnership between the Canadian College of Health Leaders, the Canadian Health Leadership Network, Royal Roads University and Dr. Graham Dickson that share the mission to develop, support and sustain LEADS-based leadership capacity for health system transformation. LEADS in a Caring Environment Framework is an evidence-based, national framework defining the knowledge, skills and behaviours a leader must have to positively contribute to the Canadian healthcare system. This aligns LHSC with other academic health sciences centres that have also adopted LEADS and provides a common understanding of what good leadership looks like across all levels of service provision in healthcare.

CERTIFIED HEALTH EXECUTIVE DESIGNATION

London Health Sciences Centre has formed an alliance with the Canadian College of Health Leaders (CCHL) to support leaders to obtain their Certified Health Executive (CHE) designation. The designation is nationally-recognized and the only designation in Canada for health leaders. Supporting leaders to pursue LEADS and the CHE-designation will strengthen the collective leadership base in the organization in these complex, adaptive times.

HEALTHCARE SYSTEM REGIONAL UPDATES

SOUTH WEST REGIONAL CANCER PROGRAM ANNUAL SITE VISITS

The regional cancer program team has made annual visits to partner hospitals in the region. Meetings include each regional hospital's CEO, medical leadership and program leadership. This practice is continuing this fall. As a number of regional portfolios have been combined, there is opportunity for LHSC leadership to discuss partnership not just on cancer, but our Renal Program and the Southwest Ontario Stroke Network. At each session there is discussion about our regional achievements and goals for the coming year and a focus on how we can better care for our patients through alignment with regional partners. The LHSC Chief Medical Officer will attend a number of the sessions to strengthen relationships to consult with hospital colleagues our Population Health strategy.

ONTARIO LAUNCHING NEW AGENCY TO CENTRALIZE GOVERNMENT PROCUREMENT

The Ontario government announced the establishment of Supply Ontario, a new centralized procurement agency that will enable a whole-of-government approach to purchasing goods and services, saving taxpayers money. Supply Ontario will ensure that schools, hospitals, and the entire

public sector always have the critical supplies and equipment they need to keep individuals and families safe, while supporting job creation and economic growth. At the current time, LHSC has no further information.

LHSC IN THE NEWS

MEDIA RELATIONS

- **500** media stories referenced LHSC and our partners (440 positive, 5 negative and 55 neutral)
- **9** media inquiries were managed
- **2** releases were sent to media
- **1** external filming request

HIGHLIGHTS

1. **Verspeeten Clinical Genome Centre at LHSC a first in Canada**

The Verspeeten Clinical Genome Centre at LHSC was made possible with a \$3-million donation made to LHSF. The centre will allow for genetic diagnostics for personalized treatment options for diseases such as cancer, epilepsy, neuromuscular disorders and developmental disabilities. Personalized treatment options can lead to better patient outcomes and improved care for each individual patient. This story was reported locally in [CTV News](#), [Global News](#), [The Londoner](#), as well as [regionally](#), and [nationally](#).

2. **Research study identifies biomarkers in blood to rapidly test COVID-19 and predict severity and treatment for the illness**

The research study conducted by Lawson Health Research Institute, Western University, and the University of Alberta, has identified molecules, also known as metabolites, that may act as biomarkers that could one day be measured in a rapid test for COVID-19, and may also go beyond just identifying the disease. The metabolites could also predict the severity of the illness and could inform secondary treatments for the illness. The study analyzed blood samples from 30 participants at LHSC: 10 COVID-19 patients and 10 patients with other infections admitted to the ICU, as well as 10 healthy control participants. This story was reported [locally](#), [regionally](#), [nationally](#), and [internationally](#).

3. **London and other area hospitals receive funding for new beds**

Hospitals in London and area are receiving an additional \$11 million in funding for new beds from the provincial government. About \$9.4 million is going to LHSC to add up to 100 new beds and one critical care space. St. Joseph's Hospital is receiving about \$1.5 million to fund about 14 new beds, and the St. Thomas Elgin General Hospital is receiving \$250,000 to create one extra critical care bed. This was reported by [Blackburn News](#), [CTV News](#), [The London Free Press](#), [St. Thomas Times-Journal](#), and [The Sudbury Star](#).