

Fax Cover Sheet

Date			
To	Child & Adolescent Mental Health Care Program- Centralized Intake		
Fax #	519-667-6814		
From			
Subject	C&A Mental Health Inpatient Tertiary Care Program Referral	Total Pages:	

Referrals for inpatient admission must come from an acute care mental health unit or a coordinated access point in the patient's home community.

ABOUT OUR PROGRAM

We are a comprehensive 4–6-week program designed to support adolescents in developing essential DBT skills for effective symptom management, enhanced functioning, and healthier coping strategies throughout their recovery journey.

WHO WE SERVE

Youth facing serious mental illnesses, complicated by developmental factors and comorbidities, including; psychotic disorders, co-occurring psychiatric conditions, developmental trauma, persistent suicidality and self-harm, treatment non-adherence, functional deterioration, repeated acute care hospitalizations.

We do not provide primary treatment for substance use disorders, forensic presentation, sexual behaviour presentations, or conduct and antisocial behaviours.

Please include the following attachments with the completed referral form

- Psychiatric assessments (Required)
- Clinical reports (Inpatient, and most recent outpatient (if applicable)) (Required)
- Crisis plan or safety plan (Required)
- Current Medication Administration Record or a list of all active prescription medications (Required)
- Current Mental Health Act forms (If applicable)
- Care Plans (if applicable)
- Psychoeducational assessments and/or Individual Education Plan (IEP) (if applicable)

Please note that transfer of accepted patients will occur dependent on bed availability during hours in which the interdisciplinary clinical team is on-site. Updated Psychiatric, Social work and behaviour reports are requested prior to scheduling admission.

At time of transfer:

- Updated Forms to include:
 - Form 50- rights advice
 - Form 10- memorandum of transfer
- Updated MAR- Medication Administration Record
- A verbal nurse to nurse handover of information at time of patient's transfer
 - Contact D4 nursing station at 519-685-8500 ext. 75875

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Tertiary Inpatient Program Referral Package

SECTION A – PATIENT INFORMATION			
Patient Name:			
Date of Birth: (YY/MM/DD)	Age:	Health card #:	
Address:		City:	Postal Code:
Parent/Guardian(s):			Relationship to Patient:
Phone Number(s):			Email(s):
Family Physician:			Phone Number:
Community Psychiatrist:			Phone Number:
Other Community Supports:			Phone Number:
Other Community Supports:			Phone Number:
Other Community Supports:			Phone Number:
SECTION B – CURRENT STATUS			
Is the patient capable of consenting to treatment? Yes <input type="checkbox"/> No <input type="checkbox"/>		If no, please specify SDM & Phone Number:	
Is the patient aware of and in agreement with referral for admission? Yes <input type="checkbox"/> No <input type="checkbox"/>		Are the patient's parent(s)/guardian(s) aware of and in agreement with referral for admission? Yes <input type="checkbox"/> No <input type="checkbox"/>	
<p>The parent(s)/guardian(s) are aware and in agreement with the patient attending weekend passes home as part of the treatment plan: Yes <input type="checkbox"/> No <input type="checkbox"/></p> <p>Please provide details regarding any barriers to the patient attending weekend passes home (i.e. financial, transportation, unable to return home etc.):</p> 			
Is the patient currently in hospital? Yes <input type="checkbox"/> No <input type="checkbox"/>		If yes, Admission Date:	
Status: Voluntary <input type="checkbox"/> Involuntary <input type="checkbox"/>		Form & Expiry Date:	
Is the patient currently in a high observation/seclusion area? Yes <input type="checkbox"/> No <input type="checkbox"/>			
Has the patient required the use of seclusion and/or restraints? Yes <input type="checkbox"/> No <input type="checkbox"/>			
<p>If yes, please provide details:</p> 			
Is the patient currently participating in hospital/unit programming? Yes <input type="checkbox"/> No <input type="checkbox"/>			

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Please provide details (e.g. if not, why not? If yes, are they attending groups, appropriate in group environment, participating appropriately, etc.)

If not in hospital, is the patient involved with any other community programs?

Yes No

If yes, please provide details:

Patient's current residential status:

Resides at home with parent(s)/guardian(s) Foster placement Other: _____
 Group home Kinship placement

Is the patient able to return to this living arrangement post- discharge? Yes No

If no, please provide detailed plan for place of discharge upon completion of the program:

Patient's current legal status:

No legal involvement Recently incarcerated Restraining order(s) present
 Currently on probation/parole Currently in court diversion/support program Community Treatment Order
 Outstanding Charges: _____

SECTION C – REASON FOR REFERRAL/REFERRAL GOALS

Please detail Physician's reason for referral (please include information on the level of severity of the mental health concerns and the effect on the patient's functioning):

Physician/Current care teams referral goals:

Patients' referral goals:	
Parent(s)/Guardian(s) referral goals:	
SECTION D – PATIENT HISTORY	
Psychiatric Diagnoses:	
Medical Diagnoses:	
Psychosocial Stressors:	
List all prior psychiatric admissions & length of stay(s):	

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School & Grade patient attends: _____

What is the level of functioning at school: Above grade level At grade level Below grade level

If the patient is below grade level, how many grades is the patient estimated to be behind? _____

Has the patient had a psychoeducational assessment completed? Yes No If yes, please include a copy with this referral package

Does the patient currently have an IEP? Yes No If yes, please include a copy with this referral package

Please provide information regarding any academic concerns the patient may have:

Does the patient struggle with social functioning? (e.g., at school, in the community, including difficulties with friendships or social skills):

Yes No If yes, please provide details:

General Developmental Concerns (e.g., developmental milestones, physical difficulties, sensory issues etc.)

Has the patient had recent (within the last 6 months) suicidal ideation or had a suicide attempts?

Yes No

Has the patient made any suicide attempts in their lifetime?

Yes No

If yes, please provide details:

Has the patient recently (within the last 6 months) engaged in self-harm?

Yes No

Does the patient have a history of self-harming during their lifetime?

Yes No

If yes, please provide details:

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<p>Has the patient recently (within the last 6 months) exhibited any externalizing and/or violent behaviours?</p> <p>Yes <input type="checkbox"/> No <input type="checkbox"/></p> <p>Does the patient have a history of violence during their lifetime?</p> <p>Yes <input type="checkbox"/> No <input type="checkbox"/></p>	<p>If yes, please provide details:</p>
<p>Does the patient have a history of trauma?</p> <p>Yes <input type="checkbox"/> No <input type="checkbox"/></p>	<p>If yes, please provide details:</p>

The undersigned have completed this to the best of their knowledge. If upon admission it is found that relevant information was omitted or falsified, the program could terminate the admission, and the referral source agrees to accept this patient back into their care immediately.

Referral form completed by: _____	Date completed: _____
Organization: _____	Phone: _____
Fax: _____	Email: _____
Referring Physician: _____	Phone: _____