

Home, Health and Personal Support Services

Community Health Services - Canadian Red Cross
Owen Sound office (519) 376-5373

CarePartners Grey Bruce (519) 364-0222
or 1-800-486-3488

Grey Bruce Community Care Access Centre
1-888-371-2112
Owen Sound (North) (519) 371-2112
Walkerton (South) (519) 881-4515

Home and Community Support Services of Grey Bruce (519) 372-2091

Paramed Home Health (519) 371-5044
or 1-800-267-4966

Rehab Express Therapy Services (519) 370-2165
1-866-990-9901

Veterans Affairs Canada 1-866-522-2122

VON Grey Bruce (519) 376-5895
or 1-800-265-3138

Check yellow pages under Nurses or Home Health Services & Supplies for other agencies. Contact CCAC for information on Meals on Wheels in your area.

Complementary Therapies

Consumer Health Organization of Canada
www.consumerhealth.org 1-877-389-0996

Ontario Association of Naturopathic Doctors
www.oand.org 1-877-628-7284

Ontario Herbalists Association
www.herbalists.on.ca 1-877-642-4372

Ontario Homeopathic Association (416) 657-4000
www.ontariohomeopath.com

Wellspring London and Region (519) 438-7379
www.wellspring.ca

Emotional Support

Brain Tumour Foundation of Canada
Support Group (519) 642-7755
1-800-265-5106

Bruce Grey Children's Services (519) 371-4773
or 1-800-567-2384

Canadian Cancer Society's Peer Support Programs
CancerConnection
CanSurmount
Reach to Recovery
Support Groups
or (519) 376-6011

Distress Line of Grey Bruce 1-888-371-8485

Grey Bruce Canadian Mental Health Association
Owen Sound Office (519) 371-3642

Grey Bruce Health Services (519) 376-2121
Crisis Team - 24 hours ext. 2450
or 1-888-525-0552

Social Work (Cancer Care) ext. 2236
Pastoral Care/Chaplain ext. 2889
Colour Me Confident ext. 2885

Grey Bruce Palliative Care Hospice Association
Hospice Volunteer Visiting (519) 376-0419

Look Good Feel Better Program (519) 685-8622

London Regional Cancer Program
London Health Sciences Centre
Social Work (519) 685-8622
(Individual, Groups, Families)
Pastoral Care/Chaplain (519) 685-8622

Multiple Myeloma Support Group (519) 641-7080
(London & Area) or (519) 641-2766

Wellspring London and Region (519) 438-7379

Palliative Care Services

Grey Bruce Health Services (519) 376-2121
Palliative Care Team ext. 2236

Grey Bruce Palliative Care Hospice Association
Hospice Volunteer Visiting (519) 376-0419
throughout Grey & Bruce or 1-800-304-0080

London Regional Cancer Program (519) 685-8622
London Health Sciences Centre
• Social Work
• Pastoral Care/Chaplain
• Pain & Symptom Management Team

Palliative Pain & Symptom Management
Consultant/Educator (519) 794-3571

Bereavement Support for Adults and Children

Grey Bruce Health Services
Pastoral Care/Chaplain (519) 376-2121
ext. 2889

A Gathering for Grief (519) 685-8622
London Regional Cancer Program - Social Work
London Health Sciences Centre

Bereaved Families of Ontario Southwest Region (519) 686-1573
email: bflondon@rogers.com

Canadian Mental Health Association
Grey Bruce Branch (519) 371-3642

Grey Bruce Palliative Care Hospice Association
(519) 376-0419

Wellspring London and Region (519) 438-7379

Contact local Funeral Homes for additional information on bereavement support in your area.

Information for cancer patients and their caregivers in Grey Bruce Counties

This pamphlet is produced
by the
Grey Bruce
Cancer Services Network

To order copies or for comments on content, call the Canadian Cancer Society (519) 376-6011 or 1-800-430-6228.

Information Sources

Canadian Cancer Society
Cancer Information Service 1-888-939-3333

Bluewater Unit (Grey Bruce) 1-800-430-6228
(519) 376-6011

Grey Bruce Community Care Access Centre
Owen Sound (North) (519) 371-2112
Walkerton (South) (519) 881-1181
1-888-371-2112

Grey Bruce Health Services - Owen Sound
Oncology Clinic (519) 372-3922
(519) 376-2121

- Library ext. 2043
- Oncology Pharmacist ext. 2143
- Social Work (Cancer Care) ext. 2236

London Regional Cancer Program
London Health Sciences Centre (519) 685-8600
Patient & Family Library (519) 685-8742
Nutrition (519) 685-8622
Social Work (519) 685-8622

Ontario Government Information and Referral Service - Infoline 1-800-665-9092

Wellspring London and Region (519) 438-7379
Cancer Support Centre

Cancer Prevention & Early Detection

Breast Assessment Program (519) 372-3920
Grey Bruce Health Services - ext. 2208
Owen Sound

Grey Bruce Health Unit
www.publichealthgreybruce.on.ca

Owen Sound office (519) 376-9420
or 1-800-263-3456

Walkerton office (519) 881-1920
or 1-800-821-7714

Durham Office (519) 369-3318
or 1-800-394-6643

Cancer Prevention & Early Detection

Ontario Breast Screening Programs (OBSP)
Owen Sound Centre
Grey Bruce Health Services (519) 376-8637

Listowel Centre
Listowel Memorial Hospital (519) 291-5490
1-800-461-0640

Internet Resources

Canadian Cancer Society www.cancer.ca

Cancer Care Ontario www.cancercare.on.ca

Cancer Track Cancer News www.cancertrack.com

Caregiver Information www.virtualhospice.ca

Community Care Access Centre
Grey Bruce www.g-bccac.org

Grey Bruce Health Services www.gbhs.on.ca

Grey Bruce Huron Perth District Health Council www.gbhpdhc.on.ca

London Regional Cancer Program www.lrcc.on.ca
London Health Sciences Centre

- Clinical Trials** www.lrcc.on.ca/professionals/clinicaltrials/alltrials.xml

The Healthline www.thehealthline.ca

Wellspring London and Region www.wellspring.ca

Transportation

Canadian Cancer Society (519) 376-6011
1-800-430-6228

Bruce Grey and Huron Disability Transit
(519) 364-2212

Home and Community Support Services of Grey Bruce (519) 372-2091

Mobility Transport (within Owen Sound)
(519) 376-7500

Financial Assistance *

Canada Pension Plan 1-800-277-9914
Disability Benefits
www.hrhc-drhc.gc.ca/isp/cpp/disabi_e.shtml

Canadian Revenue Agency 1-800-959-8281
Medical expenses income tax information
www.ccrca-adrc.gc.ca

Employment Insurance Benefits
Sick Benefits and Compassionate Care
www.hrhc-drhc.gc.ca/ei 1-800-206-7218

- Owen Sound Office
1450 1st Avenue West N4K 6X7
- Walkerton Office
200 McNab Street, P.O. Box 1139 N0G 2V0
- Collingwood Office
44 Hurontario Street, L9Y 2L6

Grey Bruce Community Legal Clinic
1-877-832-1435
or (519) 370-2200

Lawyer Referral Service 1-900-465-4577

Ministry of Community & Social Services
Ontario Disability Support Program
www.cfcs.gov.on.ca/CFCS/en/programs/IES
Grey Bruce Office (519) 376-1951
945 3rd Avenue 1-800-265-3790
Owen Sound, Ontario N4K 2K8

Ontario Health Insurance Plan
www.health.gov.on.ca 1-800-268-1154
981 2nd Avenue East
Owen Sound, Ontario N4K 2H5

Ontario Trillium Drug Program
www.health.gov.on.ca/english/public/pub/drugs/trillium.html 1-800-575-5386

Ontario Works - Social Services 1-888-748-8895
www.cfcs.gov.on.ca

Financial Assistance *

Veterans Affairs Canada 1-866-522-2122
Support for eligible veterans.

**Eligibility criteria can change. Contact the program you are interested in directly, or have someone do this on your behalf, to confirm eligibility.*

Equipment, Prostheses & Supplies

Canadian Cancer Society (519) 376-6011
(Wigs/Turbans/Temporary Breast Prostheses) 1-800-430-6228

Colour Me Confident - Grey Bruce Health Services
(Wigs/head coverings/skin care) (519) 376-2121
Ext. 2885

Hair Salon, London Regional Cancer Program
London Health Sciences Centre
(Wigs and Turbans) (519) 685-8603

Health Equipment Borrowing 1-888-371-2112
Contact CCAC

Ontario Government Assistive Devices Program
www.health.gov.on.ca/english/public/pub/adp/about.html 1-800-268-6021

Check yellow pages under Hospital Equipment & Supplies, Oxygen or Mastectomy products.

Accommodations in London

Mount St. Joseph's (519) 432-3781
1486 Richmond Street

Ronald McDonald House (519) 685-3232
741 Baseline Road East
Temporary housing for parents of seriously ill children.

St. Joseph's Health Care (519) 646-6021
43 and 51 Alma Street

Thameswood Lodge (519) 667-6727
401 Nelson Street